

# shannon moroney

bestselling author | speaker | therapist | advocate | trauma-informed consultant



empowering  
triumph over trauma  
for people and communities



## PROFILE

Internationally recognized author, fearless advocate and media spokesperson, dynamic justice and mental health educator, powerful keynote speaker, transformative therapist and trauma-informed consultant dedicated to anti-oppressive and destigmatizing policy and practice. Indigenous-allied, bilingual (English and Spanish plus conversational French), and well-travelled. Warm, creative, resilient, passionate and compassionate. Unfailingly positive in the face of adversity.

## CONTACT

### Based In

Toronto, ON

### Phone

416.668.2028

### Email

shannon@shannonmoroney.com

## BOOKS

Heal for Real: a guided journal to forgiving others—and yourself  
Page Two Books  
**2022** worldwide  
Translation: Spanish

Out of the Shadows  
Penguin Random House  
**2019** Canada & USA  
#3 National Bestseller  
Translation: Spanish

Through the Glass  
Penguin Random House  
**2011** Canada  
#5 National Bestseller  
Simon & Schuster  
**2012** USA, UK & worldwide

## RECOGNITION

One of the world's 50 Most Resilient People  
Global Resilience Project  
**2017**

"Woman in the World"  
Recommended Writer  
The New York Times  
**2016**

#1 Author  
World Empathy Library  
**2015**

#1 Interview in 10 Years on Air  
CBC Radio's The Current  
**2012**

## VOLUNTEERISM

Group Leader & Event Volunteer  
Girl Guides of Canada  
**2017-current**

Ambassador & Executive Member  
Toronto Parents of Multiple Births  
**2013-2018**

Selection Committee Member  
National Restorative Justice Award  
**2010-2018**

## DEGREES

M.A. International Child Welfare  
Elizabeth Fry School of Social Work  
University of East Anglia  
Norwich, England

**2008** with distinction; Bombardier  
Internationalist Fellowship for  
Graduate Study Recipient

B.Education: School, Community &  
Global Connections  
OISE-University of Toronto  
Toronto, Canada

**2002** Dean's List; Alternative &  
Indigenous Education Focus

B.A. International Development  
Studies  
Trent University  
Peterborough, Canada

**1998** Dean's list; Outstanding Contribution  
to College Life award; year abroad in  
Ecuador

## CERTIFICATIONS

EMDR Therapy  
EMDRIA (Eye Movement Desensitization  
& Reprocessing International Association)  
**2022 (basic training in 2020)**

Residential School Recovery  
Counsellor  
Health Canada  
**2020**

Registered Social Worker (RSW)  
Ontario College of Social Workers  
Manitoba College of Social Workers  
**2020**

Social Innovation Leadership  
The Banff Centre (residency)  
**2015**

Restorative Justice Facilitator  
Peacebuilders International, Toronto  
**2009**

Counselling Specialist Certificate  
Queen's University, Kingston, Canada  
**2004**

## MEDIA FEATURES

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- On-screen expert and behind-the-scenes Trauma Informed Media Consultant and Therapist, "Evil by Design: Surviving Nygard", 3-part TV documentary, Blue Ant Media & CBC (2022)
- CBC Radio Mental Health Columnist (2022)
- Expert content contributor, Well + Good magazine (2021-present)
- Interviewee & survivor supporter for the award-winning podcast, "Evil by Design", CBC Radio (2021)
- On-screen expert and behind-the-scenes survivor advocate, "Why Not in Winnipeg", CBC TV's The Fifth Estate (2021)
- On-screen expert and behind-the-scenes survivor advocate, "Unseamly: The Investigation of Peter Nygard", Discovery+ (2020)
- Survivor Spokesperson, Peter Nygard Investigation: CTV, CBC, NBC, CNN, APTN, Global, Winnipeg Free Press, Toronto Star, The Globe & Mail, The Washington Post & more (2020-current)
- Writer & Producer, "In Harm's Way" (documentary), CBC Radio's The Current with Anna Maria Tremonti (2015)
- Featured book excerpt, UK's The Guardian (2012)
- Cover of Chatelaine magazine, (2011); book excerpt (2019)
- Feature article, Macleans magazine (2011)
- Interviews about books and personal journey on Canada AM, George Stromboulopoulos Tonight, The Current, and dozens more shows and podcasts (2011-current)

## NOTABLE ADVOCACY

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- Survivor and family member advocate, Peter Nygard investigation (2020-current)
- Filed complaint against Peter Nygard's Manitoba lawyer on behalf of survivors regarding his derogatory remarks about them to the media. Resulted in 2 charges against him by the Manitoba Law Society (2021, trial pending)
- Victims and Survivors of Crime Round Table for Criminal Justice System Review for Justice Canada (at the invitation of Minister Wilson-Raybould) (2017)
- Wrote testimony for Bill C-10, the Increasing Offender Accountability Act (2015)
- Contributor, Canada's Victims Bill of Rights (2013)
- Restorative Justice Advocate and Public Educator (2008-present)

## WORKSHOPS & TRAINING

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- The F Word: Exploring Forgiveness, interactive hands-on workshop for survivors, perpetrators, family members and professionals, 1/2-day to 2-days, 12-60 participants, delivered 50+ times across Canada & internationally (2009-present)
- Forgiveness & Healing On-the-Land retreats for Indigenous Residential School Survivors, 2-7 days, 12-20 participants, 10 Inuit communities in NWT + First Nation Communities across Canada (2015-2020)

## KEYNOTE SPEECHES

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- International Association for the Treatment of Sexual Abusers (ATSA) Research and Treatment Conference (virtual, 2020; Los Angeles, California, 2022)
- European Forum for Restorative Justice (Belfast, 2015)
- National Restorative Justice Symposium (Kamloops, BC, 2011)
- World Conference on Restorative Juvenile Justice (Lima, Peru, 2009)
- First International Restorative Justice Conference: Humanizing the Approach to Criminal Justice (sponsored by PRODERECHO/USAID, Oaxaca, Mexico, 2008)
- 100 + more, including dozens of guest lectures at colleges, universities and law schools across North America

## CLINICAL THERAPY WORK

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- Trauma Therapist, international private practice (2018-present)
- Current caseload of 85 clients including 40+ survivors & family members of Peter Nygard
- Unique expertise in human trafficking, sexual assault, childhood sexual abuse (including incest), brainwashing deprogramming, victim-offender intersectionality, justice system journeys (victims, responsibility-taking offenders, and families of both), residential school and intergenerational trauma healing, high-profile violent crime, PTSD & CPTSD

